

## Family Fun!

Here are some activity ideas for all members of the family to enjoy



### Captain's Coming!



#### How to Play

The players assemble in the centre of a large space. A Captain is chosen who calls out various commands. Explain the commands before the game begins. The more commands there are the harder the game is to play. The player who is last to start a command is out, the game continues until there is only one person left – the winner!

#### Possible commands

Bow – everyone faces the front of the room  
Stern – everyone races to the back of the room  
Starboard – everyone races to the right of the room  
Port – everyone races to the left of the room  
Captain's coming – everyone stands tall, salutes and shouts 'Aye, aye Captain'  
Captain's wife – everyone curtseys  
Scrub the decks – mime scrubbing on hands and knees  
Climb the rigging – everyone pretends to climb a rope ladder  
Man the lifeboat – find a partner and hold hands  
Sharks! – lie on stomach with feet up  
Freeze – stop all actions! You must say unfreeze before giving another actions, otherwise anyone obeying is out"!

### Please Mr Whale

One person is 'Mr Whale' and the other people say: "Please Mr Whale can we cross your Ocean Blue?" '

Mr Whale replies with something like "Only if you are wearing something red".

If you are wearing that colour you can move on one step.

The first person to reach the other side is the winner!

