

# I follow you around in the light, I say goodbye to you in the night. Who am I? Your shadow!

## *What is a shadow?*

*A shadow is the dark shape made when something blocks light from a light source.*

Click on the link to find out more about light sources and shadows.

<https://www.bbc.co.uk/bitesize/topics/z3hhvcw/articles/zp23r82>

Some fun activities for you to explore shadows:

- Ask someone to chalk around your shadow, when the outline is complete you can either colour it in or just draw on some features, clothes etc.
- If you don't have a concrete area or a patio to chalk on, you could play 'Shadow Tag' on the lawn. Instead of tagging each other you tag each other's shadow.
- Make some shadow drawings using your favourite toys, all you need is a sheet of white paper, a pencil and a toy. Animals, dinosaurs, and building block towers work really well.
- Click here to see shadow puppeteer Manju Gregory at work <https://www.bbc.co.uk/bitesize/clips/zkqw2hv>

