

Make a 'Wishing Jar'

We're all finding ourselves having to say 'No' to things that our children, and ourselves, usually take for granted, like visiting family and friends or going to the park.

Why not create a 'Wish Jar' to help your children to see that there will be an end to this tricky situation. Every time they wish they could do something, jot it down on a piece of paper and place it in the jar. This way, when all this is over this will be your bucket list to work your way through and be more grateful than ever for the little and lovely things in our lives. Until then enjoy watching the jar fill up with magical things to look forward to.'

Why not decorate your jar?

*'Every Dream Begins
With a Wish'*



Why not place some dandelions in your jar?

