

Squishy Ocean Bags

There are many different ways that you can use these squishy bags. They are great for practicing letter and number formation, drawing and sensory fun.

What you need:

- zip lock bags
- flour
- water
- paint
- heavy-duty packing tape or duct tape.
- cotton buds

Steps

- Combine together 75g of flour and 50ml of water and give it a good mix.
- Add a few drops of coloured paint or food colouring and mix. (You could also add glitter)
- Spoon the mixture into a ziplock bag.
- Slowly flatten the mixture in the ziplock bag ensuring as much of the air is pushed out as possible before closing the top.
- Place heavy-duty packing tape, or duct tape, along the top to secure the opening.

