

# Mount Street Nursery & Infants School



## **Sex Education and Relationships Policy**

<b>Date</b>	<b>4<sup>th</sup> July 2020</b>
<b>Review Date</b>	<b>July 2023</b>

# **Sex Education and Relationships Policy**

## **Introduction**

This policy addresses the legal requirements re. Sex Education for schools contained in Education Act 1996 and the Equalities Act 2010. Our previous policy and has been revised to take account of the following national strategies and Welsh Assembly Government guidance:

- Sexual Health and Wellbeing Action Plan, 2010 - 2015
- Sex and Relationships Education in Schools Guidance WAG circular 019/2010

## **Links with other policies**

This policy should not be seen in isolation as it has clear links with the following school policies:

- Personal and Social Development, Well-Being and Cultural Diversity Policy (PSDWCD)
- Safe Guarding/Child Protection
- Anti-Bullying
- Strategic Equality Plan

Mount Street Infants School aims to provide a broad and balanced curriculum which promotes the holistic development of all learners and gives them the best possible basis for their future growth and development.

The governors and staff of our school believe that personal and social development is an essential element in a balanced and holistic education.

We recognise that we live in a diverse society and learners will come from a variety of family backgrounds. Our SRE programme will aim to be sensitive and respect differences whilst enabling learners to understand the importance of a stable, secure and loving environment for family life.

We believe that sex education does not stand as a subject on its own, but as part of the integrated curriculum. In common with all aspects of a child's education, sex education is on-going and is taught as and when appropriate. We believe that an age appropriate well planned SRE programme which starts in the Foundation Phase will equip learners with the skills and knowledge to make safe and responsible choices as they grow up.

We believe that children's questions should be answered in a frank, honest and sensitive manner, and that, as in other curriculum areas, the class teacher is best placed to decide at what level discussion should be aimed for each class, group or individual child.

Work in school draws on the child's experience and understanding of his or her own environment, taking them from what is known to what is unknown. Hopefully our children come from loving and caring home backgrounds, and it is from this base that we discuss and teach about human relationships.

### **Aims:**

Our programmes of study will aim to lay the foundations for learners to develop their confidence and self esteem, form positive relationships and feel comfortable in their bodies. We aim to help our learners to begin to:

- develop their self esteem, their personal beliefs and their values
- express and communicate their feelings and ideas
- develop an understanding of how their bodies work and how to keep them safe and healthy
- develop the skills needed to make healthy choices
- show respect for themselves and others
- appreciate diversity and celebrate difference
- form friendships and value family and friends
- recognise the difference between appropriate and inappropriate touching and behaviour
- develop the skills to ask for help and support when needed
- promote the spiritual, moral, social, cultural, mental and physical development of children at the school
- prepare children for the opportunities, responsibilities and experiences of adult life.

### **Objectives**

The sex education programme will:

- provide information which is easy to understand and relevant and appropriate to the age and maturity of the pupils.
- include the development of communication and social skills

- encourage the exploration and clarification of values and attitudes

The sex education programme will reflect the school ethos and demonstrate and encourage the following values:

- respect for self
- respect for others
- responsibility for your own actions
- responsibility for your family, friends, school and wider community

### **Organisation of sex education:**

#### **a: Co-ordination:**

Sex education is co-ordinated by the PSE co-ordinator.

#### **b: Delivery:**

Many aspects of sex education arise informally and may be developed through the use of story time; circle time; addressed occasionally in Assembly time; Incredible Years work ,NSPCC –(PANTS ), parents and younger or older siblings.

The SENSE programme and GROWING UP are all available to aid the delivery of Sex Education and PSE.

#### **c: Teaching Methods:**

As much of sex and relationships education is covered when and where appropriate and questions are dealt with as they arise, most of this subject is taught with both boys and girls together.

All staff are responsible for dealing with questions in an appropriate manner, as and when they arise.

### **Working with Parents**

A summary of our sex education policy is contained within our prospectus. Parents have the right to withdraw their children from the Sex Education programme.

## **Confidentiality**

As a general rule, a child's confidentiality will be maintained by the teacher or member of staff concerned. However, if a member of staff hears or sees something which suggests a learner is at risk of serious harm or causing serious harm to others they will alert the designated member of staff (Mrs Shan Kenchington) responsible for Safeguarding and Child Protection procedures.

In such cases, the member of staff should not promise confidentiality (see Child Protection Guidelines).



**Signed:** ..... (Chair of Governors)

**Date:** ...05.07.20.....

**Date of Review:** ...July 2023.....